

VISITING COSMETIC SURGEON

Regularly available for all your cosmetic treatments including all injectables (botox and fillers) to freshen your natural beauty.

PERMANENT MAKE UP TATTOOING

Permanent Make up Tattooing from \$400

EYE TREATMENTS

Lash Lift/Perming (includes tint)	\$65
Brow Tint	\$15
Lash Tint	\$22
Brow and Lash Tint	\$32

XTREME LASH EXTENSIONS

Xtreme Lash Extension	\$150
Lash Refill (2-3 weeks)	from \$80
Cosmetic Stick-on Lashes	from \$18

TEETH WHITENING

2-8 shades whiter and brighter smile. \$150

glōminerals MAKE UP

glōminerals – An advanced formulation, natural high pigment minerals and powerful antioxidants.

Bridal	\$80	Debutante	\$60
Lesson	\$90	Day/Evening	\$70

TANNING - 20 MINUTE OR 2 HR

Exclusive stockists of Naked Tan. Naked Tan and Summer Tan retail products also available.
 Body Scrub and Full Body Tan \$110
 Full Body \$45
 Top Up (within 7 Days) \$30

WAXING

Student waxing	10% discount
Student lip or brow	\$10
Student 1/2 Leg	\$19

FEMALE

Lip, Chin or Brow	\$13	Under Arm or Sides	\$18
Back of Thighs	\$25	Bikini Line or Stomach	\$25
1/2 Arm or Half Leg	\$28	G-String	\$35
3/4 Arm or Leg	\$34	Brazilian	from \$55
Full Arm or Leg	\$40	Brazilian (4 weeks)	\$40

MALE

Brow Shape	\$15	Back and Shoulders	\$60
Neck	\$18	Full Arm or Chest	\$45
1/2 Leg	\$35	Stomach	\$25
Full Leg	\$59	Chest and Stomach	\$60

NAILS

SNS.....	\$70	refill.....	\$55
Gel Clear.....	\$75	refill.....	\$55
Gel Colour/French.....	\$80	refill.....	\$60
Acrylic.....	\$75	refill.....	\$55
Acrylic French.....	\$80	refill.....	\$60
Shellac Off/On.....	\$50	Shellac Soak off.....	\$15
Gel Toes.....	\$65	Gel Soak Off.....	\$40
Nail Art.....	\$15	Acrylic Soak Off.....	\$50
File and Paint.....	\$35	Nail Repair.....	each \$10
Shellac Upgrade.....	\$30	Paraffin Upgrade.....	\$30

IPL (Skin Rejuvenation)

Non-invasive treatment for the rejuvenation of sun damaged and aged skin. Fades sunspots and freckles, improves skin texture, reduces pigment, reverses sun damage and reduces redness for conditions such as Red Facial Veins and Rosacea.

IPL (Permanent Hair Reduction*)

Refer to our website for prices.

Go to the river, gym, anywhere. Live life with silky smooth skin 24/7. All parts of the body · lip, underarm, chin, bikini, legs, and chest · Experienced, trained and professional staff. A free consultation is required prior to all IPL treatments * from \$40

Online booking available on our app and website



Salon App - mybeautyapp (one word)
 Code - bodypamperandspa

SALON HOURS

Monday & Tuesday: 9 am - 6 pm
 Wednesday - Friday: 9 am - 8 pm
 Saturday: 9 am - 5 pm
 Sunday: 10 am - 5 pm

589 High Street, Echuca 3564 **03 5480 7400**

www.bodypamperandspa.com.au
 bodypamperandspa@bigpond.com

View us on for promotions and reviews

Due to our popularity, prior bookings are recommended

With seven rooms and twin rooms, we specialise in hen's parties, large group bookings, bridal and children's parties.

Gift vouchers and personally tailored packages available.

20% surcharge applies on public holidays, per client.

PAYMENT

Any booking valuing \$100 or more will require a deposit to secure your booking.

SPA ETIQUETTE

It is recommended arrival time be a minimum of ten minutes prior to your chosen treatment/s. This allows for you to check in and relax. Late arrivals will result in reduction of treatment time. We request phones be switched off or on silent during your visit.

SPA ATTIRE

Underwear, or alternatively disposable underwear provided is expected to be worn in all treatments. It is imperative swimwear be worn at all times in the spa.

CANCELLATION/NON ATTENDANCE

24 hours notice is required when re-scheduling or cancelling. All bookings cancelled with less than 24 hours notice will incur a minimum 50% charge.

Prices may change without notice. March 2017

*Body Pamper
and Spa*



Treatment Menu

Online Booking available

03 5480 7400

Open 7 days a week

(late Wednesday - Friday)

Specialising in large group bookings

SPA PEDICURES or MANICURES

CALLUS PEEL

Softens calluses and cracked heels and removes hardened skin.

Add on treatment to pedicure \$30
Callus treatment only \$50

PARAFFIN (upgrade) extra \$30

SHELLAC (upgrade) extra \$30

FRENCH POLISH (upgrade) extra \$15

FILE AND PAINT \$35

EXPRESS \$60

Foot spa/cuticle soak, buffing, dead skin removal, nail filing, moisturising and polish.

DELUXE \$80

Pamper those tired hands or feet with total luxury. An express treatment plus mask, scrub and lymphatic massage.

PARAFFIN \$99

A true indulgence for those who need a little extra. A deluxe treatment plus a warm gentle wax to soften and condition dry skin.



MASSAGES

FOOT MASSAGE \$60

Feet soak, exfoliation and relaxing massage.

INDIAN SCALP \$45

A relaxing but stimulating massage ritual is aimed at increasing the blood and lymphatic circulation to the head, neck and shoulders.

STRESS RELIEVING ½ Body \$75

A half body massage to relieve muscular tension and improve circulation.

RELAXATION Full Body \$95

Traditional massage techniques with natural healing qualities of essential oils to ease fatigue, relieve stress and muscular tension and improve circulation.

PREGNANCY RELAXATION ½ Body \$80, Full Body \$99

Relax on your stomach again on our specialised pregnancy mattress. This is a gentle massage that eases aches and pains whilst relieving the stress and pressure placed upon ones back.

HOT STONE ½ Body \$95, Full Body \$145

This deeply relaxing treatment massage uses heated volcanic stones and pure aromatic oils which release their healing energies deep into the muscles dissolving tension and stress.



SHOWER \$20

BODY TREATMENTS

BODY SCRUB \$85

Exfoliate and unveil fresh skin by removing impurities, improving skin texture, whilst increasing circulation. Leaves the skin 'baby' soft and refined.

COCOON BODY WRAP \$95

Renew your body and mind with this stimulating and nurturing body clay mask. Relax while the clay draws impurities and rebalances the body.



PACKAGES

GIRLS NIGHT OUT 1½ hrs \$140

We'll get you ready and looking fabulous. Shellac for your fingers and toes and a two hour tan. *Upgrade to makeup application for only \$70.

LITTLE MISS PARTY \$50 each from 1½ hrs

The young ladies will receive a spa bath, robes, foot and hand file and paint and basic makeup application. Don't forget the nibbles and cake! For ages 13 and under, and bookings of 5 or more.

HEAD TO TOE 1½ hrs \$205

A perfect package for group bookings. Time to relax and revive, before moving onto a pedicure to catch up with friends. Package includes an express facial, massage and pedicure.

DIVINE INDULGENCE 2¼ hrs \$250

Indulge in a full body massage, followed by a cocoon body wrap, leaving you stress free and ready for an express spa pedicure.

REST AND RELAX 2¼ hrs \$279

Escape from the day, with a stress relieving body massage, Indian scalp massage, followed by our signature vitamin facial, then leaving your cares in our spa chair for an express pedicure.

TOUCH OF PAMPER 3 hrs \$274

A deeply relaxing full body massage followed by our signature vitamin facial and pamper those tired feet with a deluxe pedicure.

A DAY IN PARADISE... JUST FOR TWO 2½ hrs \$420

You will be treated like a royalty in our twin room. The ultimate in romantic experiences. Side by side enjoy a spa bath and a relaxing full body massage. Sip champagne and enjoy strawberries, while we conclude with a deluxe spa pedicure.

BODY PAMPER AND SPA 4hrs \$435

Beginning with a spa bath, a body scrub, to relieve fatigue a one hour relaxation massage followed by an Indian scalp massage, an express facial and a deluxe pedicure. Such indulgence!

(refreshments included)

SPA BATH

TWIN SPA BATH \$60 / \$35 each

De-stress your body in our aromatherapy spa using strategically placed jets to ease muscle tension and improve circulation.



EAR CANDLING

An ancient therapy that is non-invasive and is beneficial for the following: sinus problems, tinnitus, excess wax build up, alleviates swimmers ear, helpful for vertigo and snoring, prevents severity of ear infections, migraine, foggy head and more. \$60

FACIALS

EXPRESS \$70

Skin analysis, cleanse, exfoliate, mask and moisturise, designed for your skin's requirements.

ULTRA CALMING \$95

Soothe and hydrate, sensitive, couperose and rosacea skin.

TREATMENT FACIALS



FACIAL COURSE Purchase 6 facials and receive a free skincare pack valued \$119.

EXTRACTIONS (add on treatment only) \$25
Gently removes blackheads and milia from congested skin.

VITAMIN THERAPY \$99

Uses the most essential vitamins required by your skin. Vitamin A - Increases elasticity, moisture and firms; Vitamin E - Promotes healthy tissue regeneration; Vitamin C - Strengthens and stimulates collagen production; Vitamin B - Tones and hydrates.

PRO X PEEL \$90

An intense peeling treatment designed to soften, hydrate and even out the skin with Glycolic Acid. The non-invasive, latest technology peel that treats skin conditions such as sun damage, problematic skin, pigmented, acne scarring and aged skin.

PRECISION PEEL \$115

This intensive peel includes Salicylic Acid, Mandelic Acid and Lactic Acid which has been formulated to treat severe skin conditions. Beneficial for skins suffering from abnormal oil flow, congestion, pustules, stubborn pigment and sun damaged skins.

ASAP PEELS \$115

Lactic Peel 35%

Softens fine lines and wrinkles, targets pigmentation and sun damage, and stimulates collagen and elastin, leaving the skin feeling smooth and hydrated. Visible peeling is unlikely.

Reveal Peel 35%

Reduces pigmentation smoothing skin texture and improving the appearance of fine line, age spots and uneven skin colour. Peeling may occur 3-5 days post peel.

Glycolic Peel 40%

Deeply dissolves excess dead skin, reduces congestion and stimulates collagen production improving overall skin texture. Visible peeling is unlikely.

MICRODERMABRASION \$120

Deep exfoliation with suction to remove dead skin and unblock pores, skin looks radiant and youthful. For all skin types and ages.

OXYGEN REJUVENATION \$145

Utilising topical hypobaric oxygen this facial will leave the skin smooth and clarified, nourished and hydrated. Fine lines and wrinkles are visibly reduced with instant results.

LIFT \$150

Have a non-surgical mini face lift - Temporarily lifts the facial contours, under eye enhancer, erases puffiness, fine lines and wrinkles, giving you younger, fresher looking eyes and skin.

NEEDLING \$180 (facial only)

A roller with fine needles passes over the skin to create miniscule channels in the skin, stimulating the skin's regenerative response allowing deeper penetration of products. Improves - texture, scarring, enlarged pores, tone and colour, sun damage, fine lines and wrinkles, promoting collagen and elastin production.

\$290 (facial and home roller) \$390 (facial, home roller and skin care)

